



1415 S. Arlington Heights Rd.
Arlington Heights, IL 60005
Phone: (847) 439-1005 Fax: (847) 439-7555

In-Office Anorectal Manometry Prep Instructions

PURCHASE:

Two (2) Fleet Enemas from the pharmacy

PREP INSTRUCTIONS:

- Fast for two (2) hours prior to testing. No food or water.
- Two (2) hours prior to testing use the two (2) Fleet Enemas, one right after the other. Please follow the directions on the Fleet Enema box.

ADDITIONAL INSTRUCTIONS:

Please arrive 15 minutes prior to your scheduled time.

If you have any COVID-19 symptoms, please contact the office to reschedule.